



CIAO, ROMA(N)!

Martie 2025

Erasmus+



Colegiul Național
“Roman-Vodă”

CIAO, ROMA(N)!

Roman-Vodă Erasmus+ Programme



Our amazing teachers in charge

Moise Elena Loredana

Popa Elena Brîndușa



Hard-working students

*strongly to
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Cuprins

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2. World Poetry Day
3. Education Made Fun
4. Drumul învățării cu pasiune
5. Bridging Smiles: "My Heartwarming Experience with Italian Students"
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Cuvânt-Înainte

Erasmus+ „Media Literacy – Educație media”

În cadrul Acreditării Erasmus+ 2021-2027, a avut loc o mobilitate de grup – „Media Literacy – Educație media”, care continuă seria unor experiențe culturale și educative noi pentru elevii și profesorii Colegiului Național „Roman-Vodă”. Din echipa proiectului, desfășurat în Sesto San Giovanni, Italia, la Liceo Erasmo da Rotterdam, în perioada 17 – 21 martie 2025, au făcut parte zece elevi de la clasele a XI-a, profilul uman, coordonați de doamnele profesoare Moise Elena-Loredana și Popa Elena-Brîndușa.

Principalele obiective ale acestui proiect au fost: familiarizarea cu strategiile specifice diferențierii între tipuri de mass-media, folosind jocuri și activități interactive precum Mentimeter, Kahoot, Raise your hand, Karaoke; valorificarea activităților interactive pentru dezvoltarea gândirii critice legate de educația media; dezvoltarea interesului pentru studiul limbii engleze și al limbilor străine în general



Mobilitatea a presupus o interacțiune permanentă a elevilor și profesorilor români participanți la proiect cu elevii și profesorii de la Liceo Erasmo da Rotterdam. Dincolo de consistența conținuturilor referitoare la mass-media, activitățile interactive și transdisciplinare, precum și schimbul cultural au reprezentat aspectele care au adus plus valoare întregului demers. Activitățile desfășurate au implicat reciprocitate. Astfel, elevii noștri au participat la orele de curs ale colegilor italieni (English literature, Spanish language, History, English language and PE, Concursul de poezie Poetry Slam), iar elevii italieni au participat la atelierelor media propuse de elevii noștri: What is Media?, Fake News, Facts vs Opinions, Misinformation vs Disinformation.



Experiența trăită nu a fost doar o prezentare de informații și activități legate de educația media, ci și o oportunitate culturală. Componenta culturală a proiectului a inclus vizite la Muzeul Leonardo da Vinci, Genoa – History Walk, Domul din Milano, Castelul Sforzesco.

Mobilitatea a fost extrem de captivantă și utilă, fiind de considerată participanți emoționantă și copleșitoare.





March 21, World Poetry Day Liceo Erasmo da Rotterdam Poetry Slam

Mors certa, Hora incerta

diagnostic metaforă

se aude cum tremură movila-n agonie
cu dor să fie vie

ne apasă pe plămâni

absența fumului și profilaxia

medicamentele și perfuziile

ne trec prin față în fulgere cărunțite

ce se albesc,albesc,albesc

ca rama unei minți sclipitoare

care a fost arsă cu o brichetă antivânt

de la Stalingrad de prin pământ

se risipește mirosul de ziar și caută în

ochelarii de citit și un pachet de

20 de zile în 20 de luni în 20 de ani

ziarele se tot răresc, se fac scrum pe
drum

drumul nu se mai vede nici casa și
patul

și nici salteaua

nici perfuzia și mâinile și nici
pleoapele

apare în imagine o cruce de piatră

și una de lemn

o grădină nouă cu flori din luna a

cincea

și iarăși foc din bricheta antivânt

cășăântul rece când stăm adunați,

înșirați în urma unui aluat rotund

cu cântec în surzenie de lacrimi

învățăm rugăciuni, proceduri

și cum să uităm

să te lăsăm prin fum.

strongly believe that
moment you decide
at your chosen
earn

Experiencing cultural exchange

EDUCATION

A DIFFERENT APPROACH FOR ENGLISH

During my Erasmus project in Italy, I had the opportunity to take part in two engaging English classes that offered more than just language learning—they fostered cultural exchange, critical thinking, and teamwork. In the first class, students presented short stories they had read, guided by a teacher. What made it special was the focus on oral interaction—there was no reading from slides. Instead, the presenters engaged the audience through questions and open discussion. It was a refreshing and lively way to experience literature.



Experiencing cultural exchange

MADE FUN

A DIFFERENT APPROACH FOR ENGLISH

The second class focused on teamwork. We formed small groups and prepared presentations about UNESCO World Heritage Sites from Italy, Romania, and other countries. It was a fun way to improve our English while learning about culture and history. I appreciated how each group brought something new and personal to the topic.





personal thoughts

Both classes were well-organized and educational, but what I valued most was the emphasis on interaction and participation. I felt motivated to speak, contribute, and listen. These sessions helped me gain confidence in my spoken English while also allowing me to connect with students from different backgrounds. Overall, I truly enjoyed the experience, and if given the chance, would gladly participate again.



DRUMUL ÎNVĂȚĂRII CU PASTIUNE

La ora **de sport** am avut bucuria de a participa la o activitate diversă și bine structurată. Din start, ne-am împărțit pe categorii cu preferințele fiecăruia, având în vedere posibilitatea de a alege între mai multe sporturi, ca de exemplu fotbalul, badmintonul și altele. Fiecare elev a avut posibilitatea să ia parte la activitatea care îi era potrivită cel mai bine, ceea ce a readus atmosfera plăcută și stimulentă. Deși era dimineață, toți erau nerăbdători, și energia pozitivă s-a simțit pe tot parcursul orei.



În cadrul orei de **limba spaniolă**, am vizionat un material video interesant care evidenția asemănările dintre limba română și limba spaniolă, din punct de vedere lexical. După vizionare, ne-am împărțit pe grupuri pentru a lucra mai eficient și interactiv. Fiecărui grup i-a fost atribuită o temă legată de cultura României. În urma pregătirii materialelor, fiecare grup și-a susținut prezentarea, devenind astfel ca un schimb de informații și ca o mai bună înțelegere a legăturilor culturale între cele două țări să se realizeze. În urma acestei activități am reușit nu doar să învățăm câte ceva nou despre cultura, ci și asemănările noastre.

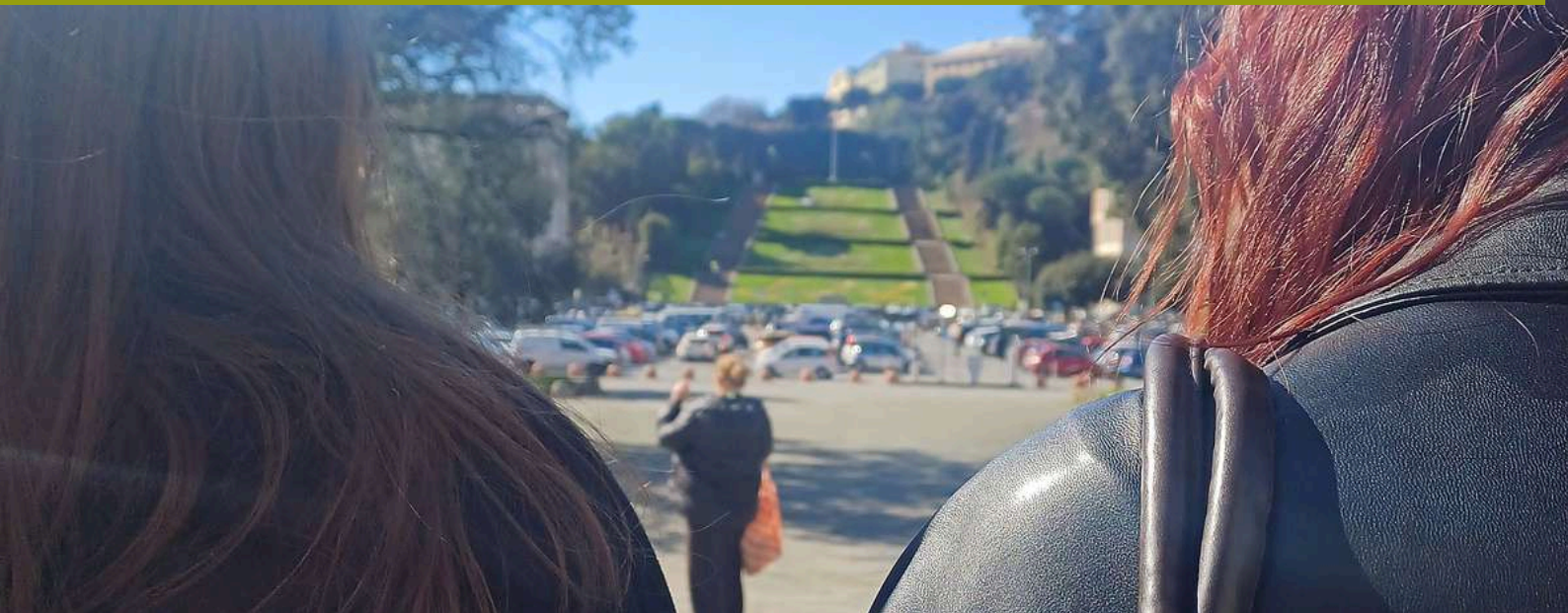




La ora **de istorie**, ni s-au oferit fișe informative redactate în limba engleză, care prezentau aspecte importante despre Portugalia, cu accent pe rolul său în perioada marilor descoperiri geografice. Am aflat detalii despre navigatorii portughezi, resursele țării și despre cum Portugalia a devenit o mare putere maritimă în aceea perioadă. Activitatea ne-a ajutat să ne înțelegem mai bine contextul istoric și să ne îmbogățim cunoștințele. În plus, faptul că materialele erau în engleză ne-a oferit ocazia să ne exersăm și să ne dezvoltăm competențele lingvistice într-un mod aplicat și interesant.



THE PEOPLE OF ITALY



I don't think it comes as a surprise when I say that the people of Italy welcomed us with open arms!

Personally, I never had a doubt, as they come from such a sunny and warm place. They seem to know how to appreciate the simple things in life, protecting their peace of mind and awaiting the right moment to spread joy and positivity, whether it's in the form of public musical performances or poetry spread throughout the city.

The distance between us hasn't managed to separate us culturally, our love for fun being a common trait. Funnily enough, this even led to a nighttime dance party in the middle of Milan!

Appealing Lodgings Without Breaking the Bank

Overall, we were treated in a polite and friendly manner by most. Thanks to the impressive diversity found in the big cities, we managed to blend right in, even being asked for directions! I can definitely say that this aspect was the one I loved most, because it truly shows how Italy is a safe space for individuality and uniqueness.

In my eyes, Italy is a wonderful country, universally admired, and rightfully so. Its inclination towards art, history, and culture is unmatched, and the charming energy of its inhabitants brings an undeniable sense of belonging!



I am thankful for the Erasmus+ Programme, in my opinion, one of the best opportunities a high school student can have. This entire experience has made me hopeful and excited for future!

Bridging Smiles



My Heartwarming Experience with Italian Students

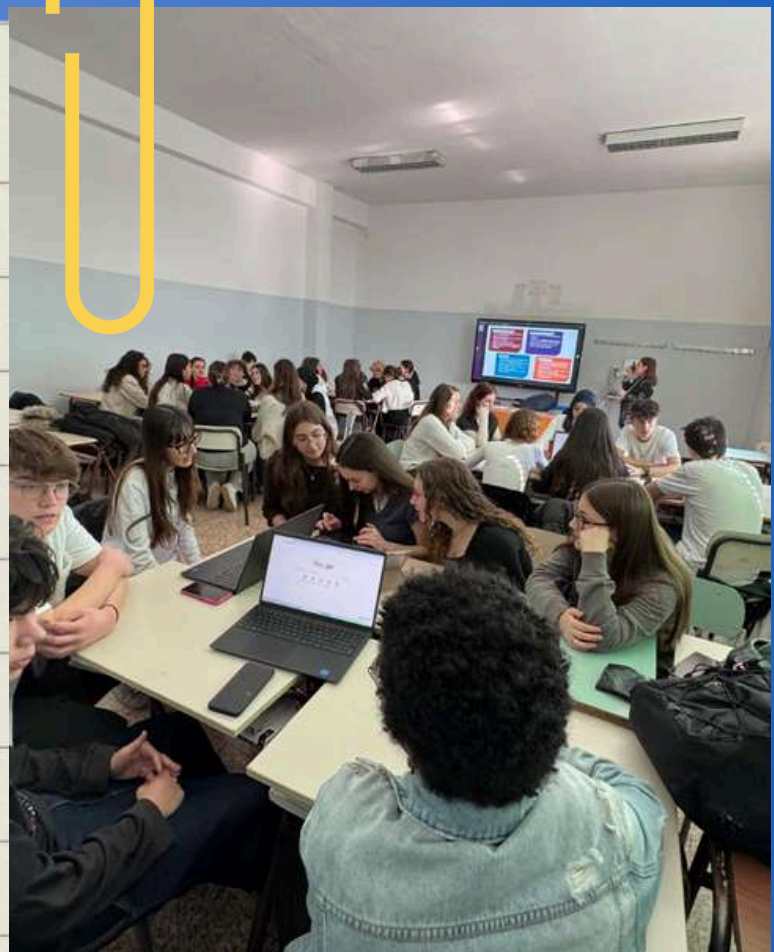
Taking part in the Erasmus project in Italy was one of the most beautiful and valuable experiences I've ever had. From the very first days, I was impressed by the hospitality and openness of the Italians, who welcomed us with warm smiles and a genuine curiosity to learn more about Romania. Communication between us came naturally — I discovered that beyond language and cultural differences, we share the same values: respect, friendship, and the desire to learn from one another.



We worked together on various activities and projects, exchanging ideas and perspectives about culture, education, and everyday life in our countries. It was fascinating to see how differently we think, yet how well we complemented each

other. Every discussion brought something new, and the atmosphere was always full of enthusiasm and positive energy.

In the end, I didn't just leave with wonderful memories and new knowledge, but also with friendships that have lasted over time. Even now, we keep in touch — we write to each other, share photos and stories, and always remember with joy the days we spent together in Italy. It was an experience that truly broadened my horizons and showed me how important intercultural communication is in building genuine connections between people.



the city of beauty

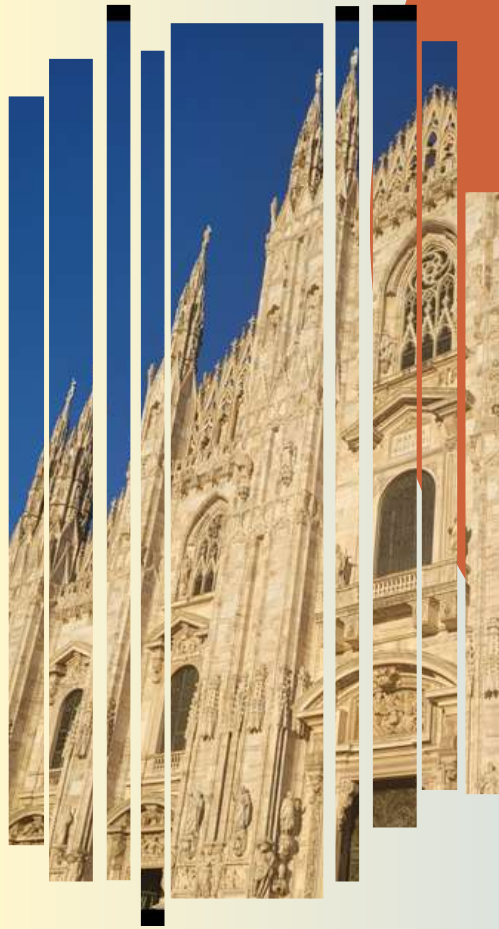
Milan Impressions

“There is a certain magic in the air—the kind that fills you with wonder as you lose yourself in centuries-old streets, where old-world charm meets the energy of the moment.”

Polished yet raw, Milan is where tradition meets innovation—a city that effortlessly balances its status as Italy’s wealthiest metropolis with a flair for fashion, design, and unapologetic style. It’s not just beautiful; it’s bold, sleek, and full of attitude.

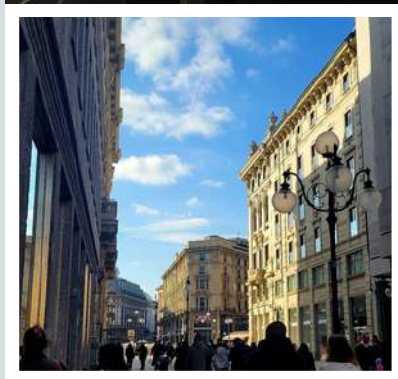


If you enjoy stepping off the typical tourist trail without giving up comfort and culture, Milan offers the best of both worlds. It's a working city, pulsing with the rhythm of daily life—businessmen in suits, locals grabbing espresso, trams rattling past—and yet, there's beauty tucked into every corner. The underground system makes it easy to explore, and unlike some overly romanticized Italian cities, Milan feels grounded and authentic.



The first time I laid eyes on Milan was a moment I'll never forget. We had just stepped off the metro when, all of a sudden, we were met with the breathtaking sight of the Duomo. Towering and radiant, its gothic spires pierced the sky. I literally jumped with excitement—like I couldn't contain the joy rushing through me. It felt like Milan had introduced itself in the most grand and unforgettable way.

That day, we had no plan—just a desire to explore. We wandered freely, allowing the city to reveal itself bit by bit. Narrow alleys turned into open piazzas; sleek storefronts sat beside crumbling stone. And then, tucked quietly between modern buildings, we found ancient ruins. No crowds. No noise. Just stillness and time.



I was in awe—how something so historical could live so quietly, almost secretly, in the middle of this busy, modern city. It was one of the most beautiful moments of the day.

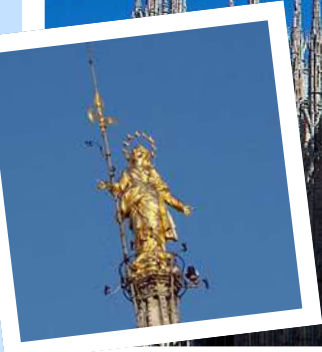
As night settled in, Milan transformed again. We found a cozy restaurant, simple but warm, where we shared pasta that felt like comfort in a bowl—rich, perfectly seasoned, and memorable enough that we talked about it long after the plates were empty. The atmosphere brought us closer, and it was one of those meals that just stays with you. But Milan had one last surprise: music. Laughter. Strangers. We ended up dancing under the streetlights, spinning around with people we didn't know but somehow felt connected to.

In that moment, everything else faded. It was just joy. Milan left me with the feeling of contrast and discovery. A city full of layers—where the old whispers through the new, where beauty hides in quiet corners, and where you don't just visit... you feel. It reminded me how good it feels to be somewhere new, to be surprised, and to simply live in the moment.

The Writer and Joint Bookrunner



Il Duomo di Milano



Il Duomo di Milano is and forever will be engraved in my memory.

Its divine beauty is enough to bring you to tears. The stained glass windows, colourful and luminous, the symmetrical Gothic structure, the carefully crafted sculptures, and, most of all, the quiet, spiritual atmosphere.

If the interior doesn't take your breath away, then the view from upstairs surely will, the roof of the cathedral being renowned for its numerous pinnacles and spires. As the delicate marble and azure sky envelop you, the main attraction, the golden statue representing the Virgin Mary, La Madonnina, looks over you from above.

The cathedral took nearly six centuries to complete, as construction began in 1386 and the final details were completed in 1965. Even today, however, improvements haven't ceased. It is a large-scale monument, holding Italy's rich history and unshakeable faith inside every statue and every glass portrayal of saints and angels.

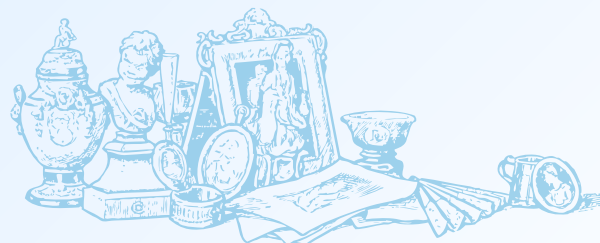
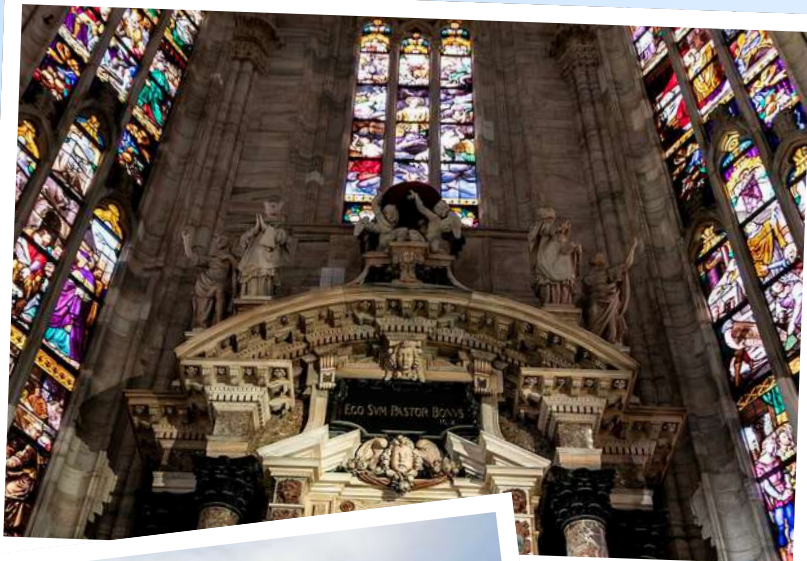
What to us might have seemed like a visual representation of the twelve astrological zodiac signs was actually a time line that served a much greater purpose in the past.

When the Austrian Empire adopted "transalpine time", a meridian line was built inside the Duomo, at the west end. A hole was inserted in the roof near the south wall, and as the beam of light crossed the brass line, the Sforzesco Castle was alerted and a cannon was fired to announce solar noon to the city. This signal was then used to set all of the city clocks to the same time.



The sheer amount of history and beauty found in this one building, nothing other than a work of art, is truly incredible. I can still feel the cool marble under my fingertips and the translucent blues and purples of the stained glass windows on my skin.

This experience was truly unforgettable, and I would repeat it a thousand times over. I recommend it wholeheartedly!



IN LEONARDO DA VINCI'S WORLD

An Unforgettable Experience in Milan

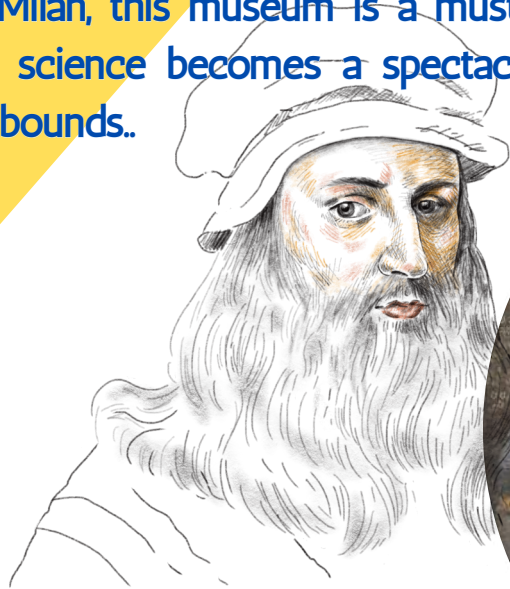
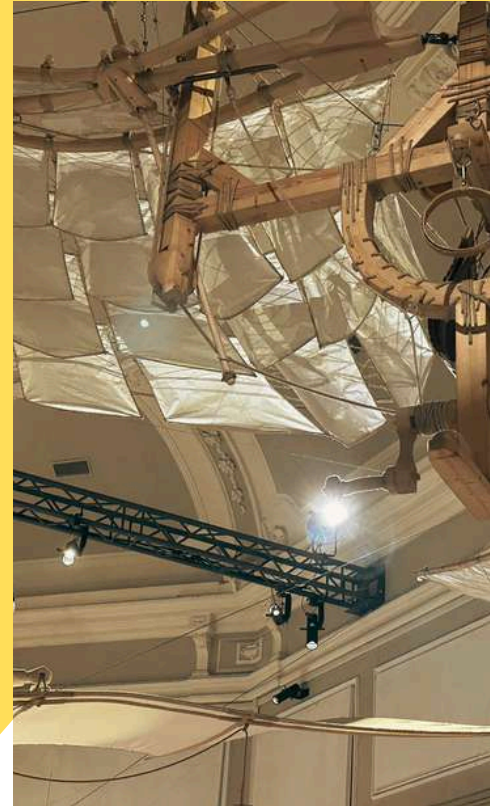
During my visit to Milan, I discovered a truly special place: the National Museum of Science and Technology "Leonardo da Vinci." It's more than just a museum – it's a captivating journey into the mind of a Renaissance genius, blended with modern technology and loads of inspiration.

The area dedicated exclusively to Da Vinci impressed me with three-dimensional models of his inventions: flying machines, a tank prototype, transmission systems, and many more. You quickly realize how far ahead of his time this man was, seeing centuries into the future.

One of my favorite moments was the VR experience. I had the chance to "navigate" a boat through a setting inspired by Leonardo's sketches – an incredible feeling that made me feel like I was part of his world. It was a perfect blend of past and future.

The museum also offers many other sections dedicated to science and technology – from space and energy to trains, ships, and communications. Everything is interactive, well-organized, and easy to explore.

If you find yourself in Milan, this museum is a must-see. It's a place where science becomes a spectacle, and curiosity knows no bounds..



IN LEONARDO DA VINCI'S WORLD

An Unforgettable Experience in Milan



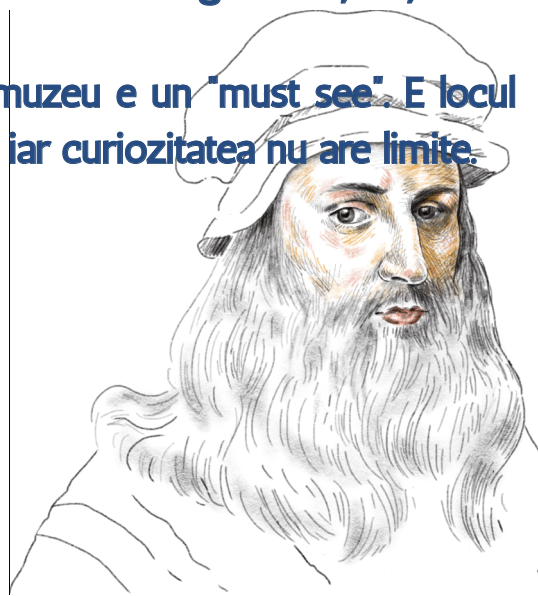
În timpul vizitei mele la Milano, am descoperit un loc cu totul special: Muzeul Național de Știință și Tehnologie "Leonardo da Vinci". Este mai mult decât un muzeu – e o incursiune captivantă în gândirea unui geniu renascentist, combinată cu tehnologie modernă și multă inspirație.

Zona dedicată exclusiv lui Da Vinci m-a impresionat cu modelele tridimensionale ale invențiilor sale: mașini zburătoare, un prototip de tanc, sisteme de transmisie și multe altele. Îți dai seama rapid cât de departe vedea acest om, cu secole înaintea vremii lui.

Unul dintre momentele care mi-au plăcut cel mai mult a fost experiența VR. Am avut ocazia să "conduc" o barcă printr-un decor inspirat din desenele lui Leonardo – o senzație incredibilă, care m-a făcut să simt că fac parte din lumea lui. A fost o combinație perfectă între trecut și viitor.

Muzeul oferă și multe alte secțiuni dedicate științei și tehnologiei – de la spațiu și energie, la trenuri, nave sau comunicații. Totul este interactiv, bine organizat și ușor de explorat.

Dacă ajungi în Milano, acest muzeu e un "must see". E locul unde știința devine spectacol, iar curiozitatea nu are limite.

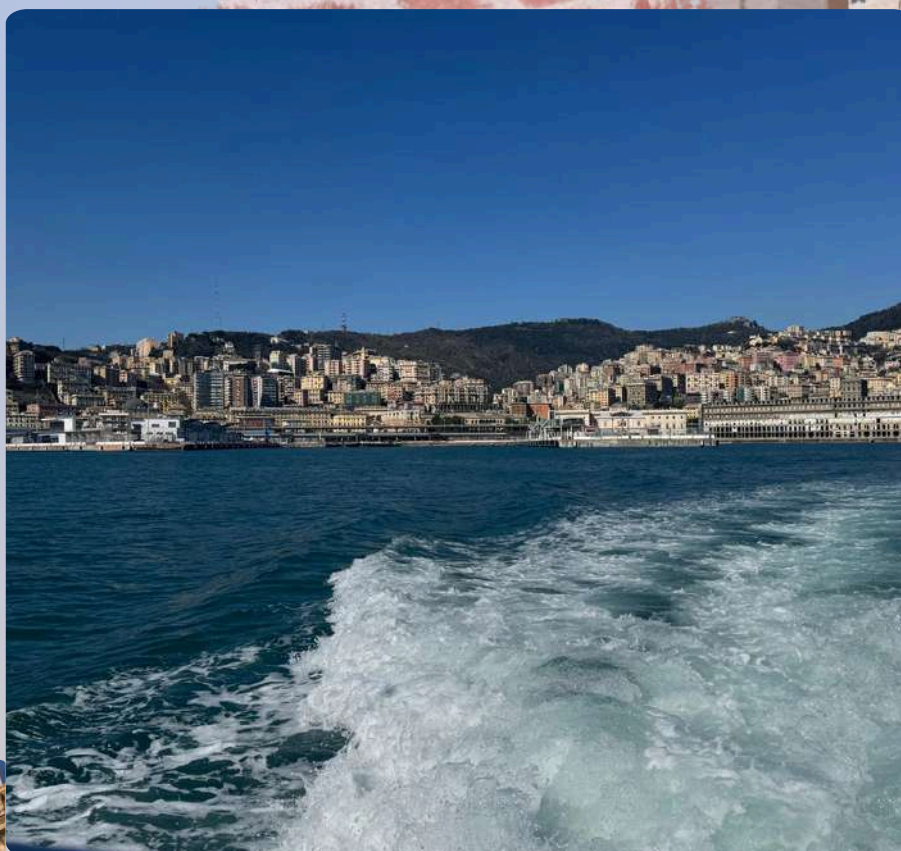




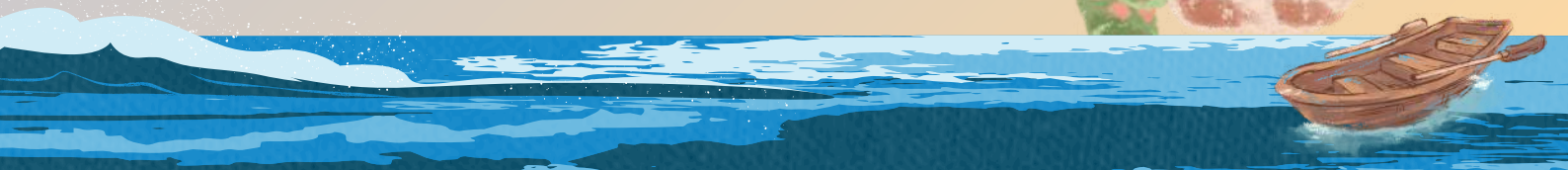
GENOA

from the Heart of the Sea

I came to Genoa with curiosity, but without many expectations. I didn't know the city well – just that it was by the sea, somewhere between the hills and the horizon. But from the first moment, I felt it had something special. Something quiet, real, and a little mysterious.



One of the most beautiful experiences was the boat ride near the famous Aquarium. For one peaceful hour, I saw Genoa from the water – colorful houses rising up the hills, old ships resting in the port, and the Lanterna lighthouse watching silently from afar. The sea breeze, the gentle waves, the golden light – everything felt slow, soft, and meaningful. Like the city was breathing with me.



But Genoa's beauty doesn't stop at the sea. Wandering through the narrow streets of the historic center felt like stepping into a different time. The buildings are tall and close, the light falls in unexpected ways, and each corner hides a story — a church, a hidden square, a quiet café.

And then, there's the food. I still remember the taste of fresh focaccia — warm, oily, slightly crispy — and the pesto, the real kind, green and full of flavor. Every meal felt like a small celebration. Not fancy, but honest. The kind of food that tells you: you're in Italy now, slow down, enjoy this moment.



I also visited small shops, old bookstores, and just sat on steps or by the water, letting the city speak in its own way. Genoa doesn't shout. It doesn't ask for attention. It simply exists — with elegance, with stories, with soul.

Looking back, I realize that this trip gave me more than memories. It gave me silence when I needed it, beauty when I wasn't looking for it, and a strange sense of belonging in a place I had just met.

If you ever find yourself in Genoa, don't rush. Take the boat. Eat the focaccia. Get lost in the alleys. And listen. Some cities talk. Genoa whispers.



During the Erasmus project held in Milan, I had the opportunity to take an unforgettable trip to the city of Genoa, one of the most fascinating ports in Italy. From the very first moments, I was captivated by the maze of narrow streets, the colorful buildings, and the historical atmosphere that fills every corner. Our walk through the city was guided by a passionate local who introduced us to the rich history of Genoa, a city that was once one of the greatest maritime republics in Europe. I learned how the wealth brought by sea trade turned Genoa into a flourishing cultural and economic center, and how its rivalry with Venice shaped the city's destiny over the centuries.



The guide also told us about significant figures connected to Genoa, among them Christopher Columbus – the explorer who changed the map of the world. The most impressive moment of the visit was when we

reached the old port, where history and modernity meet. Medieval buildings stand beside contemporary museums, and the view of the sea perfectly completes the fairytale-like atmosphere

ING H THE S OF A



The excursion to Genoa was more than just a tourist visit. It was a living lesson in history, culture, and openness to the world. It made me realize how important it is to discover places beyond what meets the eye — to listen to their stories, to understand their past, and to feel their soul.



Looking back, I feel deeply grateful for having been part of this Erasmus project. It offered me not only the chance to discover new places, but also to learn, grow, and connect with people and cultures beyond my own. The trip to Genoa remains one of the most memorable experiences I've ever had — a journey that opened my eyes and filled my heart with inspiration.



Mass Media

FRIEND OR FOE

The evolution of the digital world and the development of the New Technologies have opened a new universe for people nowadays. The availability of (re)sources, its immediate access at all times has made it clear the necessity of educating the young into becoming literate consumers of media.

Thus, in order to befriend the media and avoid confusion, people need some strategies to identify the real / authentic vs fake news, distinguish facts from opinions, recognize misinformation and disinformation in nowadays society.



The workshop on Facts vs Opinions made us think of the proper language used to express our ideas and how to recognize the statements in front of us. It was obvious that the guidance and strategies offered by our students improved our responses considerably.



The ERASMUS mobility in Italy has provided a fantastic opportunity to share ideas and use techniques on media education, not only did we experience other cultural points of view, but also display ours by organizing workshops together with the Italian students and teachers.

The most interactive of the workshops was the one about Misinformation vs Disinformation, once the distinction clarified, it became quite easy to search for clues and point the correct answer.

The workshop on Facts vs Opinions made us think of the proper language used to express our ideas and how to recognize the statements in front of us. It was obvious that the guidance and strategies offered by our students improved our responses considerably.

All in all, the topic of this mobility, so noteworthy these days, raises the high-priority of developing media literacy skills in our students so as to promote an educated society for the future. Therefore, with the appropriate thinking tools, mass-media can be an ally, of service as being kept informed is essential in a continuously changing world; or conversely, an enemy, perhaps even a threat when used maliciously.



Mors certa, hora incerta

a metaphorical diagnosis
you can hear the mound tremble in
agony
longing to be alive
pressing on our lungs
the absence of smoke and the
prophylaxis
medications and IV drips
flash before us in graying streaks
whitening more and more
like the frame of a glittering mind
that was burned with a windproof
lighter
from Stalingrad's underground.
the scent of newspaper faints,
searching the house

for the reading glasses and a pack of
20 days in 20 months in 20 years
the newspapers lessen, turning to ashes
on the road
the path no longer shows the house, nor
the bed,
nor the mattress
not the IV drip, nor the hands, not even
eyelids
a stone cross appears in the picture,
and a wooden one too
a fresh garden with flowers from the
fifth spring
and again, flame from the windproof
lighter
in the cold wind as we gather,
scattered behind a round dough
with song drowned in the deafness of
tears
we learn prayers, procedures,
and how to forget,
how to let you go through smoke.



I had the honor of participating in the school's Poetry Slam, although not knowing it was a competition. I guess beginner's luck struck me and I happened to win =)



Ciao, la Bella Italia!



Made in Italy